

NON-EU PRE-SELECTION - VIDEO AUDITION CHECKLIST 1/2

Practical information

- **Criteria**
 - More information about the criteria can be found here: - <https://www.codarts.nl/en/dance/audition-procedure/>
- **Dress code video audition/clothing requirements:**
 - Tight-fitting clothing, a unitard, or tights and tight-fitting top, or leotard that clearly enables the viewer to observe your technique.
 - Do not wear skirts or baggy shorts, loose fitting tee-shirts or costumes.
 - Ballet shoes are obliged for ballet section.
- **The video and filming recommendations:**
 - Your full name should be in the video tag/title and on upload.
 - It is to your benefit to create the best possible conditions for filming, choose a place with minimal visual distractions for the viewer and ensure you have adequate lighting, especially from the front and side. Avoid placing yourself in front of a strong light source (for example, a window at your back).
 - Be sure you are visible within the frame for the duration of the recording.
 - Review your video before submitting to check for playback quality of the image and sound.
 - Professionally recorded video is not required.
 - Please note that you can send only one video file, edited and including all required components and no longer than 15 - 25 Min.
 - A link can be to a Youtube or Vimeo channel.

NON-EU PRE-SELECTION - VIDEO AUDITION CHECKLIST 2/2 (page 2&3)

Video content

1. Personal introduction

- A close-up shot, from the waist up.
- Clearly state your full name, current city, country of birth and country of residence (if different).
- Your age and height
- Provide a brief history of your previous dance training, years of training and techniques / styles
- When do you expect to graduate your high school? Specify the year.
- Please elaborate on why you have chosen to apply to Codarts Rotterdam and your motivation to continue and pursue a dance career.
- Your personal goals
- Any other talents or interests

2. Demonstration of flexibility

On the floor, including:

- Full forward stretches demonstrating length of the hamstrings
- Front splits both sides
- Second position split, including forward bend
- Butterfly (hip opener) on the back and on the stomach
- Backbend (Cambré) while lying on the stomach

3. Demonstration of ballet (only one side per exercise)

At the barre:

- Plié and Grand Plié in all positions
- Adagio, including demonstration of balance (Attitude back and Passé/Retiré)
- Grand Battements

Center:

- Tendus (Battement Dégagé) and Battement Jeté combined, from 5th position, and including pirouettes
- Adagio
- Waltz, including pirouettes
- Petit Allegro
- Grand Allegro

4. Demonstration of modern /contemporary technique

Two different combinations in the center:

- Combinations of choice, demonstrating variety in dynamics and space orientation, including going on the floor and travelling through the space.

5. Demonstration of improvisation up to 2 minutes in length

Free choice, demonstrating your individuality, creativity, autonomy and artistic expression

6. Demonstration of solo up to 2 minutes in length

- A prepared solo demonstrating your craftsmanship, technique and artistic expression
- State the title of the solo and the choreographer.
- The solo should preferably be self-choreographed or with the help by a teacher/choreographer.