

**Please read this document and the tips below carefully.**

### **Non-urgent care**

(Please subscribe at one of these GP's a.s.a.p.)

#### **General Practitioner, GP (Huisarts)**

##### **East District (Kralingen-Crooswijk)**

Van Schaik & Byrman huisartsen  
Admiraal de Ruyterweg 10a  
3031 AB Rotterdam  
010 - 413 60 00  
<https://vanschaikbyrman.praktijkinfo.nl/>

##### **Centre District**

Closed- opening expected sept.2020  
All zipcodes. (Only for 'passersby', no  
new registrations possible)  
International Health Centre  
Rotterdam (IHCR)  
Gerdesiaweg 488  
3061 RA Rotterdam  
010 - 200 49 00  
<https://ihcr.nl/>

##### **Centre District**

Zipcode area 3011  
(If you live nearby;  
registration can be  
discussed)  
Biersteker & Gijsbers  
Blaak 24  
3011 TA Rotterdam  
010 - 412 44 80  
<https://www.huisartsbg.nl/>

##### **North District**

Medisch Centrum Schiebroek  
Busser & Schoumakers 010 - 418 08 80  
Den Boer & Bautz 010 - 418 92 22  
Van Iperen 010 - 418 40 56  
Kastanjeplein 4b  
3053 CD Rotterdam  
<https://www.medischcentrumschiebroek.nl/>

##### **North & West District**

Health Center ZONboog  
Erasmusstraat 164 (North)  
3035 LJ Rotterdam  
010 - 466 04 86 /  
<https://www.zonboog.nl/gcroterdamnoord/en/>  
Tidemanstraat 91 (West)  
3022 SG Rotterdam  
010 - 221 40 00

##### **West District**

Van der Poel  
Heemraadssingel  
183B  
3023 CB Rotterdam  
010 - 477 21 86  
[www.huisartsvanderpoel.nl](http://www.huisartsvanderpoel.nl)

##### **South District (Charlois)**

Only for zipcodes 3081-3084  
Carnissehuis \*  
Lepelaarsingel 49  
3083KB Rotterdam  
Uil & Speeks 010 - 410 37 77  
Terlaak & Timmers 010 - 410 39 00  
Brouwer 010 - 410 37 77  
<https://www.carnissehuis.nl/huisartsen/>  
(registration via website)

##### **South District (Charlois)**

Zipcodes 3082 and 3084 (If you live  
nearby these zipcodes; registration can be  
discussed)  
Elings  
Struitenweg 11  
3082 WP Rotterdam  
010 - 429 02 83  
<https://www.elings.net/>

##### **South District (Charlois)**

Zipcodes 3082, 3083,  
3087 and 3089  
Huisartsenpraktijk  
Boute  
Boergoensestraat 74  
3082 KC Rotterdam  
010-3072901  
[www.spreekmetdedokter.nl](http://www.spreekmetdedokter.nl)

##### **South District (Kop van Zuid)**

Only for zipcodes 3071 and 3072  
Gezondheidscentrum Wilhelminapier  
Otto Reuchlinweg 972  
3072 MD Rotterdam  
010-484 74 00  
<https://www.gezondopzuid.nl/zorgverlener/gezondheidscentrum-wilhelminapier/>

#### **GP out-of-hours service (Huisartsenpost, HAP)**

If you need medical assistance after office hours or during the weekend/public holidays, you should contact the GP out-of-hours service:

##### **Centre/North District**

Huisartsenpost SFG  
(at Sint Franciscus Gasthuis Hospital)  
Kleiweg 500  
3045 PM Rotterdam  
010 - 466 95 73

##### **South District**

Huisartsenpost Zuid  
(at Maasstad Hospital)  
Maasstadweg 59  
3079 DZ Rotterdam  
010 - 290 98 88

### Sports physician (*Sportarts*)

#### Sportgeneeskunde Rotterdam

Jan Leentvaarlaan 37-47  
3065 DC Rotterdam  
010 - 304 20 80  
[info@sportgeneeskunderotterdam.nl](mailto:info@sportgeneeskunderotterdam.nl)

### Physiotherapist (*Fysiotherapeut*)

#### Anita Radier

*Physio-manual therapist*  
Minervaplein 25  
1077 TJ Amsterdam  
020-305 36 00 / 06-24 40 28 87  
Corpus-vitae.nl  
[fysiotherapie.radier@gmail.com](mailto:fysiotherapie.radier@gmail.com)

#### Tessa Könemann

*Physio-manual therapist*  
Movement Solutions  
Telderskade 2N  
2321 TD Leiden  
06 - 51 01 69 12  
[www.movementsolutions.nl](http://www.movementsolutions.nl)

#### Benji Soerel

*Physiotherapist*  
De Nieuwe Keizers  
Weesperstraat 108  
1018DN Amsterdam  
Telefoon: 020-623 18 33  
[benji.soerel@denieuwekeizers.nl](mailto:benji.soerel@denieuwekeizers.nl)

#### Erik Hazewindus & Niels van der Knoop

*Physio therapist (Niels van der Knoop)*  
*Manual Therapist (Erik Hazewindus)*  
Practice at Leuvehaven  
Blaak 24  
3011 TA Rotterdam  
010 - 411 12 05  
[info@fysiotherapie-leuvehaven.nl](mailto:info@fysiotherapie-leuvehaven.nl)

#### C-Roy Nimako

*Physiotherapist*  
Metodiq  
Maasstraat 10 A  
3016 DC Rotterdam  
010-411 30 04  
[c-roy@metodiq.nl](mailto:c-roy@metodiq.nl)

#### Kees Kornelisse

*Orofacial/jaw physiotherapy and shoulder, manual therapist*  
Fysio-heemraadsingel  
Heemraadssingel 174  
3021 DL Rotterdam  
010 - 477 40 14  
[info@fysiotherapieheemraadssingel.nl](mailto:info@fysiotherapieheemraadssingel.nl)

#### Sportgeneeskunde Rotterdam,

**Mikael Kuijpers, Edwin Visser**  
*Manual therapist (Edwin Visser)*  
*Physiotherapist (Mikael Kuijpers)*  
Jan Leentvaarlaan 37-47  
3065 DC Rotterdam  
010 - 304 20 80  
[info@sportgeneeskunderotterdam.nl](mailto:info@sportgeneeskunderotterdam.nl)

## Urgent care

### Hospital (*Ziekenhuis*)

If immediate medical assistance is needed, you can get help 24 hours a day at the First Aid (EHBO) or Accident & Emergency (*spoedeisende hulp, SEH*) at any hospital:

#### Centre District

Erasmus MC  
's Gravendijkwal 230 Rotterdam  
010 - 704 07 04  
[www.erasmusmc.nl](http://www.erasmusmc.nl)

#### Centre/North District

Sint Franciscus Gasthuis  
Kleiweg 500 Rotterdam  
010 - 461 61 61  
[www.sfg.nl](http://www.sfg.nl)

#### South District

Ikazia Ziekenhuis  
Montessoriweg 1 Rotterdam  
010 - 297 50 00  
[www.ikazia.nl](http://www.ikazia.nl)

#### South District

Maasstad Ziekenhuis  
Maasstadweg 21 Rotterdam  
010 - 291 19 11  
[www.maasstadziekenhuis.nl/en](http://www.maasstadziekenhuis.nl/en)

#### East District

IJsselland Ziekenhuis  
Prins Constantijnweg 2 Capelle a/d IJssel  
010 - 258 50 00  
[www.ysl.nl](http://www.ysl.nl)

## ***External Medical Network Codarts Performing Arts Health Centre***

### **Emergency**

If you need the police, fire and/or ambulance services in a serious life-threatening situation, call the (European) emergency telephone number: **112**

### **Tips:**

- Register with a GP practice as soon as you arrive in Rotterdam, even before you need to see one. You may choose any GP that is based in the neighbourhood (district) where you live (see <https://www.kiesuwhuisarts.nl/> or <https://www.zorgkaartnederland.nl/> and enter your zipcode); the GPs mentioned in this document are only a few options that are available to you. If you already know some people living in your neighbourhood, it is smart to ask them about their experiences with their local GPs.
- For information about the healthcare system in the Netherlands see the factsheet: *Information about healthcare in the Netherlands*.
- Before making an appointment with any healthcare practitioner, check your insurance policy to inquire which treatments are fully or partially covered by your insurance to avoid unexpected costs afterwards.
- Healthcare in the Netherlands is never for free (even if Codarts has made arrangements for students). Be aware that you will often have to pay the costs yourself before it gets (partially) reimbursed by your health insurance company. So always have cash and/or a bank pass or credit card with you when you visit a medical practitioner.
- Always ask for an original receipt/bill of your medical expenses (treatments, medicines etc.). You will need this receipt to file a claim with your health insurance company.
- When you call a GP named on this list for an appointment or registration; always mention that you're a Codarts Student.
- If you are still unable to find a GP near you, please contact your health insurance company. Dutch health insurance companies that fall under the Health Insurance Act (ZVW 2009) are obligated to find you a doctor near your home. Your residence address must be near your GP, because he/she has an obligation to be at your home within a certain timeframe in case of an emergency. This is why your health insurance company will serve as a mediator to help you find a GP near your home, even if all practices are full.