

#3 COMMA FESTIVAL – DAY 3

18:00hrs – 22:00hrs

‘To B.E.’

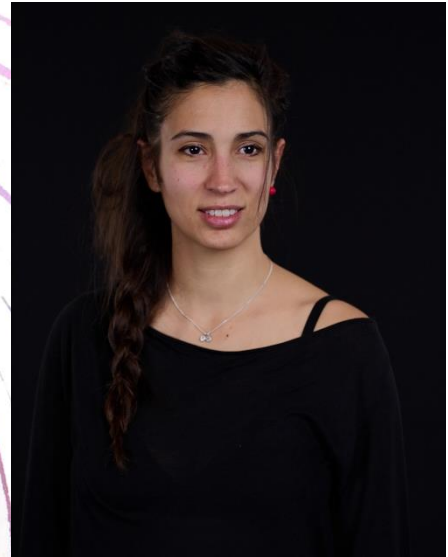
Cristina D’Alberto

26 May 2023

Place: Conny Janssen, Danst Studio

To B.E. is an intimate and fleeting time that may last only a moment or extend to infinity, during which what lies deep within is revealed. The act of being in the present requires time to be suspended. TO B.E. is a ritual of honouring the now with both gratitude and fear. It is a dedication of love for who creates and is created. It is an experience to be shared.

Performer and choreographer Cristina D'Alberto explores her journey of motherhood in an impro-installation.



‘SAY YES’

Evie Demetriou

26 May 2023

Place: Conny Janssen, Danst Studio



We have come a long way to learn
to say “no” to others,
to say “no” to draw our limits,
to say “no”: enough is enough.
And for a good reason.

At the same time, we have been raised to fear
To say “yes” to ourselves,
To say “yes” to our deepest cravings,
To say “yes” to our own pleasure.
And this aspires change.

“Say Yes” is your invitation in the form of a performance by
Evie Demetriou for you to experience what it is to say “yes” to
yourself.

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'SALT'

Elisabeth Lambeck

26 May 2023

Place: Conny Janssen, Danst Studio

"In order to truly laugh, you have to take your pain, and play with it." -Charlie Chaplin. SALT is a journey and research on choreography, pain, and critical laughter. It is a solo, but it is also a trio. A tragicomedy, about a zebra, a human, and a zebra humanoid trying to make sense out of each other's presence in the same space at the same time. Questioning stress, and ways to release/escape it. Have you felt any stress lately? It is the so-called black plague of the 21st century, did you know that? In this absurd universe, the presence of the different transformative characters on stage -in one body- is both funny yet grotesque and will make you travel in a celebration of chaos and order to awkward uncomfortable



'Xtreme Light'

Virág Dezső

26 May 2023

Place: Conny Janssen, Danst Studio



I wonder, do my departed parents in the other dimension have all the answers for all the struggles of finding solutions?

Cognitive dissonance says we all seek harmony, mental consistency. Peace in the big world, and in our small inner personal world.

Trying to make things fit in even if they are not meant to.

I wonder...

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18:00hrs – 22:00hrs

‘Biomes’

Thomas Götz

26 May 2023

Place: Conny Janssen, Danst Studio

Biomes, a Journey into Natures’ Emergent Systems.

What is Nature? What is Nature of Nature? What is our place in Nature and how do we interact with it?

Biomes is a dance performance which is inspired by our scientific understanding of the “Nature of Nature”. The piece brings imaginary ecosystems and their inhabitants to live. These systems are networks of interactions and energy exchange between sentient agents which involve energy cascades, cycles, mutually beneficial (symbiotic) exchange as well as competition and predation. Natures’ systems are emergent systems meaning that they are often leaderless and develop properties which are more than the sum of their parts. While humans are an integral part of this “more than human (natural) world” there can be little doubt that we have had a tremendous impact on our environment. Biomes invites the audience to become explorers and embark onto a journey into Natures web. It aims to create a tangible experience of the Nature of Nature which instigates curiosity, exploration as well as reflection on our own place in this web, our behaviour towards it, our interactions with it and our impact on it.

